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The Medical Journal of Australia

Supporting Information

Supplementary methods and results

This appendix was part of the submitted manuscript and has been peer reviewed.
It is posted as supplied by the authors.

Questions on alcohol use in the Crossroads II study household and clinic questionnaire (section I (Chronic health conditions), section: Alcohol and tobacco use)[1]

12. In terms of drinking alcohol, which category would you generally put yourself in?

    1. I have never drunk alcohol (Go to Question 23)

    2. I used to drink but gave it up

    3. I'm a heavy drinker

    4. I'm a moderate drinker

    5. I'm a light drinker

13. Have you ever considered yourself a heavy drinker?

    1. Yes

    2. No

14. On how many days a week do you usually drink alcohol?

    1. None

    2. Less than once a week

    3. On one or two days a week

    4. On three or four days a week

    5. On five or six days a week

    6. Every day

15. On the days that you drink alcohol, about how many drinks do you usually have? (By a drink, we mean a glass of beer, glass of wine, or shot of spirits).

    1. One or two drinks

    2. Two to three drinks

    3. Five to eight drinks

    4. Nine to 12 drinks

    5. 13 to 20 drinks

    6. More than 20 drinks

16. What type of alcohol do you usually drink?

    1. Beer

    2. Light beer

    3. Wine

    4. Spirits

    5. Fortified wine

    6. Other

17. In the last two weeks how many times have you had five or more drinks within a couple of hours? …

    _____times

18. Have you ever felt you should cut down on your drinking?

    1. Yes

    2. No

19. Have people ever annoyed you by criticizing your drinking?

    1. Yes

    2. No

20. Have you ever felt bad or guilty about drinking?

       1. Yes

       2. No

21. Have you ever taken a drink first thing in the morning to steady your nerves or get rid of a hangover?

       1. Yes

       2. No

22. Have you ever been treated for alcoholism or a drinking problem?

       1. Yes

       2. No

1. Glenister KM, Bourke L, Bolitho L, et al. Longitudinal study of health, disease and access to care in rural Victoria: the Crossroads-II study: methods. BMC Public Health 2018; 18: 670.

Table. Demographic and clinical characteristics of regional health clinic attenders who did or did not complete the required evaluations

Characteristics	Complete clinic evaluations	Incomplete clinic evaluations	P
Demographic information			
Number of people	705	42	
Sex (women)	392/795 (55.6%)	23/42 (55%)	1.0
Age (years), mean (SD)	59.1 (16.1)	61.4 (17.8)	0.81
Born in Australia	587/704 (84.8%)	37/39 (95%)	0.10
White	655/705 (92.9%)	19/20 (95%)	0.77
Clinical features			
Weight (kg), mean (SD)	82.2 (19.1)	84.0 (28.1)	0.64
Body mass index (kg/m^2, mean (SD)	29.7 (19.6)	28.9 (7.0)	0.41
Waist circumference (cm), mean (SD)	98.5 (15.1)	97.0 (11.5)	0.31
Hypertension	385/701 (54.9%)	15/37 (40%)	0.09
Diabetes	87/705 (12%)	8/39 (20%)	0.14
Dyslipidaemia	311/705 (44.1%)	23/38 (60%)	0.06
Metabolic syndrome	204/688 (29.7%)	11/38 (29%)	1.0

SD = standard deviation.